

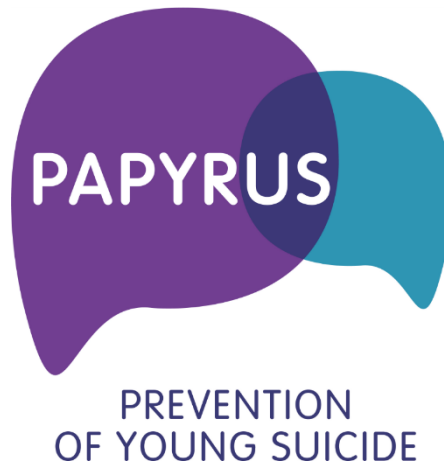


PREVENTION
OF YOUNG SUICIDE

HOPELINEUK

Suicide Prevention Awareness

Aarti Kumari – Regional Manager for London



Suicide is a **major concern** in our communities

There is **HOPE** and **HELP**

You can help to *#saveyounglives*

Myth or Fact?

“Talking openly about suicide in our community increases the risk of people having thoughts of suicide”

Myth because...

“Talking openly about suicide in a sensitive and serious manner reduces stigma, and can create opportunities for those thinking about suicide to ask for help”

How many reported suicides under 18 were there in 2016 in the UK?

200



How might we spot the signs

Thoughts

Words

Actions

Physical

Significant events

Feelings

LOSS



PAPYRUS
PREVENTION OF YOUNG SUICIDE

CALL HOPELINEUK 0800 068 4141

Training with POPYRUS

Applied Suicide Intervention Skills Training

(2 days)

Identifying and Talking About Suicide

(3 hours)

Helping to build a suicide safer community

(90 minutes)



PAPYRUS
PREVENTION OF YOUNG SUICIDE

Are you, or is a young person you know, not coping with life?
For confidential suicide prevention advice please call

HOPELINEUK 0800 068 41 41

Text: 07786 209 697

Email: pat@papyrus-uk.org

Monday to Friday 10am-10pm
Weekends and Bank holidays 2pm-10pm



PAPYRUS
PREVENTION OF YOUNG SUICIDE

PAPYRUS

 SUPPORT

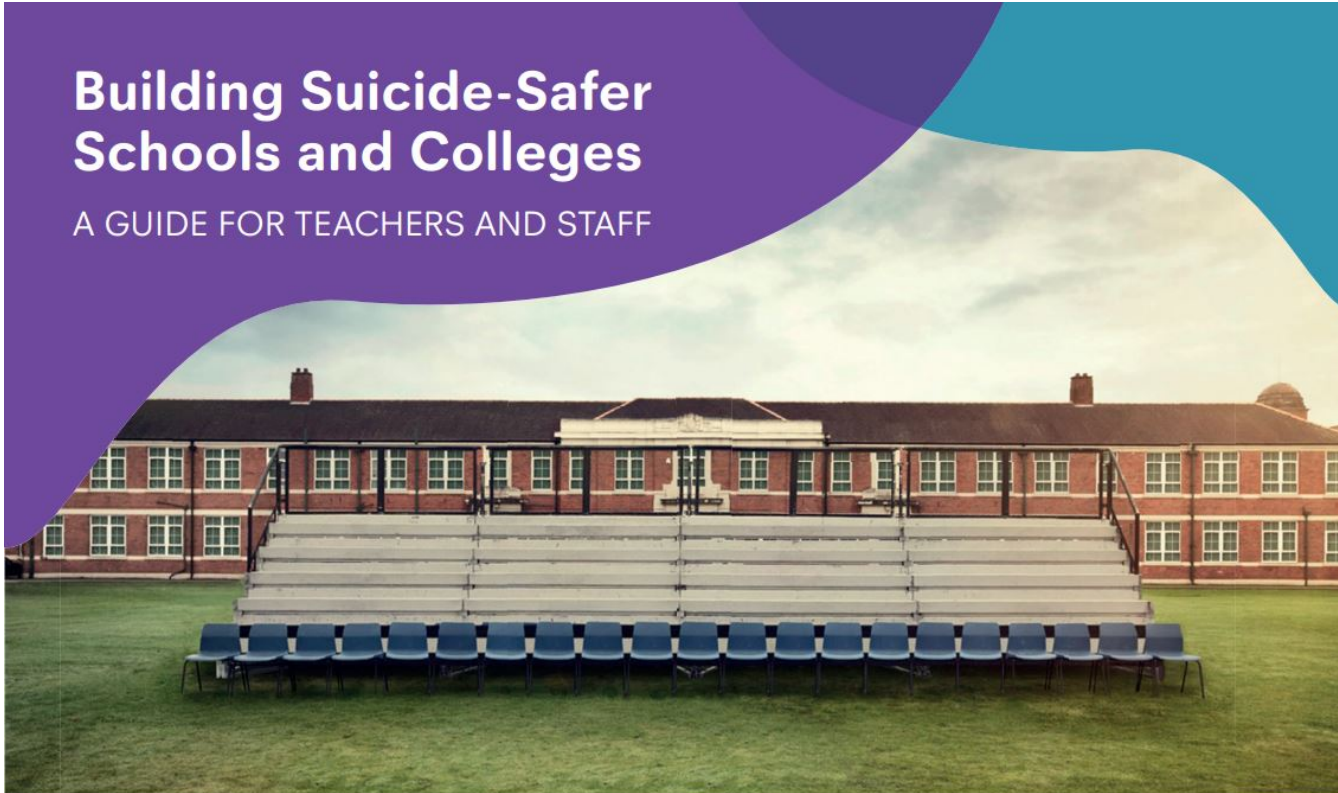
 EQUIP

 INFLUENCE

#savetheclass

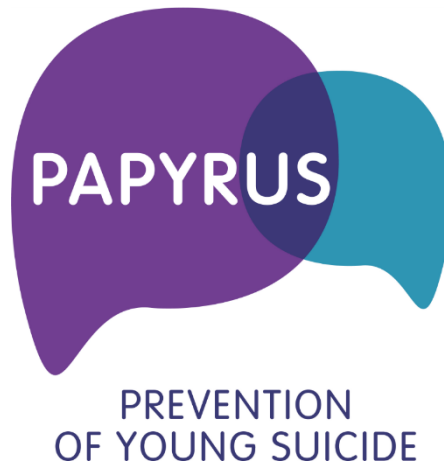
Building Suicide-Safer Schools and Colleges

A GUIDE FOR TEACHERS AND STAFF



The guide covers:

- Prevention
- Intervention
- Postvention



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Social Media



@PAPYRUSUK



@PAPYRUS_UK

#saveyounglives



@papyrus_tweets



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