Harm Outside of Home: A Resource Pack for Children, Young People, Parents & Carers, and Practitioners in Bromley

JUNE 2023



Services

Bromley Youth Support Programme and Youth Hubs

Bromley Youth Support Programme Brochures

Bromley Mentoring Initiative

Bromley Children and Families Hub

Bromley Changes Young People's Drug and Alcohol Service

Bromley Staying Together Team

Bromley Prevention Programme for Children and Young People

P.A.C.E (Parents Against Child Exploitation)

Rescue and Response (St Giles Trust, Safer London Partnership)

Rescue and Response Referral

Safer London Referral

Gloves Not Gunz – Referral Form

Barnardos Independent Child Trafficking Guardianship Service Referral Form

Lucy Faithful Foundation

The Ben Kinsella Trust

No Knives Better Lives

Atlas Team: Contact <u>daniel.sillman@bromley.gov.uk</u> for extra direct work tools and for case consultations where exploitation or risk of extra-familial harm is a concern.



Key Policies and Procedures

Bromley Child Exploitation Strategy 2022-2025

Pan-London Child Exploitation Protocol 2021

BCSP Bromley Missing Children Protocol 2020

Adolescent Safeguarding in London Handbook 2022

Bromley Multi Agency Strategy Discussion Protocol May 2023

Bromley Prevent Strategy and Channel process - 2017

Bromley Early Help Strategy for Children & Families

Bromley Children and Young People Plan 2021-2024

Bromley Children Missing Education Policy and Procedure 2023

HANDBOOK Safeguarding in the Context of Access to Technology and Use of Social Media

Working Together to Safeguard Children



Online Safety Resources

Resources for Children, Young People & Parents/Carers

Safe Online Surfing – Game for ages 8-14 (USA site so 3rd Grade starts at 8-9years)

Cloud Quest: An Interactive Safety Adventure

Interland – Teaching Children age 7+ to become confident online by keeping safe

Into the Cloud Season 1 & 2 – Videos to be used with Peer Education and Mentoring Kit and Into the Cloud Pre/Post-Test Questions

UK Safer Internet Centre – Resources for 3-11 year olds

UK Safer Internet Centre - Resources for 11-19 year olds

<u>Think U Know – 4-7 years</u>: A fun game & video resource for 4-7 year olds to keep safe online

Think U Know – 11-18 years – Information and resources for teens to keep safe online.

<u>Think U Know – "Band Runner"</u> – A game for 8-10 year olds to play to learn how to keep safe online

<u>So You Got Naked Online</u> – "A resource that offers children, young people and parents advice and strategies to support the issues resulting from sexting incidents" Audio resource also available.

Childnet - Get SMART (4-11 years) - Information on how to act online and quiz

INTERNET MATTERS - "comprehensive and credible resources, information and support to keep children safe online."

Internet Matters: E-safety Leaflets and Resources – Online Safety, protection from Online Pornography, Cyberbullying, Digital Resilience, Gaming and Screen Time.



- Beginner Online Safety Guide for Adults
- Online Safety Guide (0-5 Years)
- Online Safety Guide (6-10 Years)
- Online Safety Guide (11-13 Years Old)
- Online Safety Guide (14+ Years)
- Top Tips to Help Children Manage Their Online Reputation
- Anonymous Apps Guide

Internet Matters: Digital Family Toolkit

Trend Ireland Webinar – Internet Safety Talk for Parents, October 11th 2022.

CEOP: Keeping your child safe online - Webinar

The Children's Society – Keeping Children Safe Online

The Children's Society - The Reality of Children's Online Lives

UK Safer Internet Centre – Guide and Resources for Parents

<u>Think U Know – Parents and Carers</u> – Explainers on Online Safety, the Dark Web, Internet of Things, parental controls etc

Think U Know – Home Safety Activities

It's Not Okay - Online Safety and Sexting (Children)

Online Safety and Sexting - 'Just Send It' - UK Safer Internet Centre Video

Childnet - Help and Advice for Parents and Carers

Child Line – Online Grooming

Get Safe Online – Safeguarding Children

- Get Safe Online: If Your Child is Aged Under 5
- Get Safe Online: If Your Child is Aged 6-9
- Get Safe Online: If Your Child is Aged 10-12
- Get Safe Online: If Your Child Is Aged 13 or Over

NSPCC: Parental Controls

Best Parental Control Apps for Android and iPhone 2023

Barnardos - Connected Families: Parenting and the Internet - short video

<u>Barnardos – Keeping Children Safe Online</u> – Guides and FAQs on Online Safety, and Pornography and Age Verification.



NSPCC – Talking to Your Child about Online Safety

Online Safeguarding: The Dark Web - What is It?

"The Things I Wish My Parents Has Known: Young People's Advice on Talking to Your Child About Online Sexual Harrassment"

Snapchat 'My Al' – Guidance from Childnet

Parents' Ultimate Guide to Snapchat

Parents' Ultimate Guide to Instagram

Parents' Ultimate Guide to Discord

Parents' Ultimate Guide to Fortnite

Parents' Ultimate Guide to Tiktok

Girls and Social Media: A guide for Parents and Caregivers

Online Safety Resources for Practitioners

The Children's Society: Online Safety Toolkit

Internet Matters – Schools e-safety resources for Teachers and Professionals

- Learn How Vulnerable Children are Impacted Online
- Help Vulnerable Children Learn Online Safety Skills
- Start Teaching With Digital Matters

<u>Internet Matters – Advice for Professionals</u> – Inclusive digital safety advice, SEND Index of Harm, Research and Insights.

UK Safer Internet Centre – Professionals Online Safety Helpline

- helpline@saferinternet.org.uk / 0334 381 4772

UK Safer Internet Centre – Guides and Resources for Teachers and School Staff

UK Safer Internet Centre – Guides and Resources for Social Workers

UK Safer Internet Centre – Guides and Resources for Foster Carers and Adoptive Parents

UK Safer Internet Centre – Working with Children and Young People with SEND

UK Safer Internet Centre – Guides and Resources for Residential Care Settings



<u>CEOP Talks Relationships – Week 1</u> – Toolkits, Lesson Plans, and Guides for young people engaging in relationships online (6 week programme)

Childnet - Help and Advice for Teachers and Professionals

<u>SWGfL – Let's Talk About Porn</u> – Lesson resources for Year 10s.

SWGfL – Artificial Intelligence Online Safety Hub

360 degree safe – Free Online Safety Self Review for Schools

23 Lesson Plans For Online Safety

NSPCC – Free Online Safety Group Workshop

Safeguarding Company: Social Media Poster

Templates for an Online Safety Policy Statement and Acceptable Use Policy



Exploitation Resources

Please be mindful that as exploitation overlaps frequently, many of these resources could be used for other forms of exploitation they are not listed under. You will find *** marked next to them. Many of the resources for parents will be invaluable for professionals too.

Missing Children Resources for Children, Young People and Parents/Carers

Runaway Helpline - Confidential service for young people who have run away from home

You're Missing - Information for children while missing

Stay Safe When You Are Away - Advice for missing people

Personal Safety When Out and About ***

Avoid being a victim of crime: personal safety ***

The Children's Society: I Am Thinking of Running Away

Going Missing? - It's Not Okay resource for missing children

'Missed Me?' - NIOC Video

'Where are you?' Running Away and CSE - *** Video

What You Need To Know - For parents when a child goes missing

My Loved One is Missing – Guidance and Support for Parents

<u>The Children's Society: What to do if your child goes missing</u> – *** Advice leaflet for parents.

Advice for Parents/Carers of Missing Children

Missing Persons Factsheets for Parents

Push and Pull Factors: What Causes a Child to Go Missing – Poster

Prevent a Young Person from Going Missing: Spot the Signs - Poster

My Foster Child is Missing (Bromley) – Fostering Handbook



Children Missing From Care – Fostering Network Webinar

Missing Children Resources for Practitioners

What Young People Told Us Would Make Things Better - Video

Bromley Missing Children

Children Missing from Care Framework

Missing Children Response Assessment Tool

Children's Views on Being Reported Missing From Care

<u>Centring the Child and Working With Their Family Network As Part of Return Home</u> Interviews

<u>Safeguarding Network: Missing Children</u> – Information on why children go missing and how to stop it.

Understanding Emotionally Based School Avoidance Seminar - Video

<u>Creating a safe environment for children in schools and colleges</u> – Video on how to prevent school avoidance

Voices of England's Missing Children – Report (missing from education)

Working with Children and Young People who Experience Running Away and Child Sexual Exploitation – Practitioners' Guide

Catch 22 Risk and Resilience Model - *** Video

A Plan To Help Children Who Go Missing From Home

Missing Child / Young Person One Minute Guide

The Children's Society: Good Practice on Carrying Out Return Home Interviews



Harmful Sexual Behaviour, Healthy Relationships & Peer on Peer Abuse Resources for Children, Young People and Parents/Carers

Barnardos: Harmful Sexual Behaviours – Parents Guide

Stop It Now! HSB Prevention Toolkit

Think U Know: Finding out Your Child Has Done Something Sexually Harmful – article supporting healthy responses to HSB

Think U Know – Recognising Harmful Sexual Behaviour by Young People

How Healthy is My Relationship Teen-Relationship-Workbook ***

Teen Relationship Safety Plan ***

Cool Not Cool – Healthy Relationships Online Quiz

Childline: Bullying and Cyber Bullying - Guide for Parents

10 Things You Need to Know About Cyberbullying

Autistic Children and Bullying

'It's Not Your Fault' - An Autistic Teen's Comprehensive Guide to Survive being Bullied

How to tell if your Autistic Child or Teen is being Bullied

Responding to Bullying Toolkit

Sunshine: Don't Confuse Love and Abuse – Video

That's Not Cool: Teenage Online Harassment - Videos

Harmful Sexual Behaviour, Healthy Relationships & Peer on Peer Abuse Resources for Practitioners

Barnardos: Girls' Talk: Supporting Girls to Develop Healthy Sexual Relationships – Workbook ***

Girls Talk Worksheets ***

Boys 2: Supporting Boys and Young Men to Develop Healthy Sexual Relationships – Workbook ***



Stop It Now! HSB Prevention Toolkit

Safe4Me Professionals HSB Toolkit

Direct Work with Children Displaying Harmful Sexual Behaviours – NSPCC Podcast

<u>Understanding Denial in Children Who Display Harmful Sexual Behaviours</u> – NSPCC Podcast

Harmful Sexual Behaviours in Schools – NSPCC podcast

Assessing Sexualised Behaviour – NSPCC podcast

Preventing Harmful Sexual Behaviour - NSPCC Podcast

<u>CEOP Talk Relationships</u> – *** 6 week teaching programme on Healthy Relationships

Talk Relationships service for Secondary School Teachers

Healthy Relationships Resource Kit

Healthy Relationships PSHE Teaching Resource

Healthy Relationship Workbook - Direct Work Tool

Teen Power and Control Wheel

NICE Guidelines for Harmful Sexual Behaviour Among Children and Young People

Beyond Referrals HSB Toolkit for Schools

SWGfL: HSB in Schools – Resources for School Staff

Hackett's Continuum for Harmful Sexual Behaviours

Brook's Sexual Behaviours Traffic Light Tool

Guidance for Using the Sexual Behaviours Traffic Light Tool

<u>Harmful Sexual Behaviours Framework</u> – Complete framework for identification, assessment, intervention and workforce development around HSB.

How to Respond to HSB in Schools

Child on Child Abuse in Schools and Colleges Toolkit



Child Criminal Exploitation Resources for Children, Young People and Parents/Carers

Gangsline – Telephone helpline for young people run by former-gang members

Victim Support – Support for young people who have been victims of crime.

Safeguarding Company: CCE Poster

The Children's Society: Stages of Criminal Exploitation – 1 minute video

The Children's Society: County Lines and Child Criminal Exploitation

Live Safe: Criminal Exploitation and Gangs - Information site for parents/carers

PACE: Signs of Criminal Exploitation

PACE: What is County Lines?

NSPCC: Criminal Exploitation and Gangs

Catch-On-Parents-Pack - *** Catch 22 Resource for Parents

Challenger: County Lines - A Victim's Story - Video

Challenger: County Lines – A Mother's Story – Video

Alfie's Story – Video

Alfie's Story Workbook - To be used with video

Child Criminal Exploitation Awareness E-Workbook

County Lines Lesson Package - (11-15 years)

<u>Safeguarding Flowchart</u> – *** easy to understand infographic of safeguarding processes for CCE

NIOC: Signs of Exploitation Poster

Anywhere Kids – Video on the consequences of being groomed and exploited

Sexual Harassment Among Young People - Video

Running the Lines - Video

What is County Lines? - Video

NCLCC – County Lines Awareness Video



Child Criminal Exploitation Resources for Practitioners

<u>The Children's Society Resource Bank - ***</u> Resources in multiple languages, covering all forms of exploitation plus guidance on National Referral Mechanism, Modern Slavery

County Lines and Cuckooing

Cuckooing – Video

County Lines Slang - Poster

Key Learning from the County Lines Pathfinder - Poster

<u>UK Teen Trappers: County Lines</u> – Video, interview with active exploiters about the tactics they use to exploit children.

Behind the Behaviour: Identifying the Criminal Exploitation of Migrant Children - Film

<u>Reachable and Teachable Moments</u> – Video on how professionals can take advantage of teachable moments

Fearless Education Resource: County Lines – KS3 & KS4 education resources

<u>NHS: Identifying and Supporting Victims of Modern Slavery –</u> *** NHS Open Access Course for Healthcare Staff

Catch 22 Teachers Pack - *** Catch 22 resource for Teachers

Catch-On-Parents-Pack - *** Catch 22 resource for Parents and Professionals

Child Exploitation Appropriate Language Guide 2022 ***

Surrey County Council Child Exploitation Guidance, Assessment and Intervention Toolkit ***

Risk Outside the Home Toolkit ***

<u>Tackling Child Exploitation: Summary of Recommendations –</u> *** For Education, Health, Police, Local Authority/Social Care, Government practitioners.

Not In Our Community: All Lesson Resources – *** large variety of films and lessons covering the topics around exploitation

True Costs Schools Package: Dee's Story - Teacher resources for 12/13 years

<u>The Children's Society: Children and Young People Trafficked of Criminal Exploitation in</u> <u>Relation to County Lines</u> - Toolkit



<u>Threshold - Continuum of Need Matrix – Police Attention</u> – support for determining where a child needs to be accessing Tier 4 support as a result of CCE

Making Words Matter: Attending to Language when working with children subject to or at risk of Exploitation: A Practice & Knowledge Briefing

Operation Makesafe: Raising Community Awareness of Child Exploitation - Video

Stop and Search: Know Your Rights - Video

Child Sexual Exploitation Resources for Children, Young People and Parents/Carers

BSCP: Child Sexual Exploitation

What is OnlyFans: What Parents Need to Know

Teach Kids About Private Parts / Safe Touch – Safety education video for younger children

<u>Teach Your Dragon Body Safety: A Story About Personal Boundaries</u> - Safety education video for younger children

I Can Say "No": Don't Touch My Body - Safety education video for younger children

Body Boundaries Make Me Stronger - Safety education video for younger children

<u>My Body Safety Rules: 5 Things Every Child Should Know -</u> Safety education video for younger children

Face Up 2 It – Website for Children and Young People with information and guidance around CSE.

Face Up 2 It: How Healthy is Your Relationship? Quiz

<u>Barnardos: Be Smart, Be Safe Resource Pack</u> – a programme for professionals working with 11-17 year olds

Report Remove: Remove a Nude Image of Yourself Online

You Sent a Sext, Now What?

Your Photo Fate - Video

Taylor's Story – Video about a young boy affected by CSE

Barnardos: What the Experts Know about Child Sexual Abuse and Exploitation



Barnardos: 5 Tips for Speaking to Your Child About Their Safety and Wellbeing The Children's Society: Our Work Child Sexual Exploitation – Video The Children's Society: Preventing Child Sexual Exploitation The Children's Society: Speak to Children About Exploitation *** NSPCC – Child Sexual Exploitation Positive Relationships Break the Cycle of CSE – Poster 5 Ways That Parents Can Protect Their Children - *** Poster Know About CSE: Parents Talk PANTS Guides and Resources for Parents – Makaton and resources for d/Deaf child Sexual Exploitation - Fostering Handbook Child Sexual Exploitation explainer with Jim Gamble

Child Sexual Exploitation Resources for Professionals

Your Photo Fate – Direct Work Tool

Different Dangers, Same Signs: CSE/CCE - *** Poster

How do I Know If I'm Being Groomed - Video

Losing Control: A Story About Trafficking - Video

Losing Control: When Somebody Cares About You - Video

Friend or Foe: Who Can You Trust? A Sexual Exploitation and Relationships Education Resource

<u>Talk Pants with Makaton</u> – Resources for children using Makaton to keep children safe from abuse

Talk Pants with Makaton Guides

Not In Our Community Spot the Signs - visual activity

NetSmartz: Who is a Trusted Adult? - Direct Work Tool



The Real Story: Sexual Exploitation and Sexual Health Resource Pack

<u> Ava's Story – Video</u>

<u> Ava's Story – Lesson Plan Resource</u>

Victim Blaming Language - *** Video

CSE Myth Busting

Child Exploitation Disruption Toolkit ***

Supporting Parents and Carers of Children and Young People Affected by Child Sexual Exploitation - Toolkit

Hidden: A Child Educational Resource on Child Sexual Exploitation

Child Safeguarding Toolkit: CSE – for use of General Practitioners

Child Sexual Exploitation: Advice for Healthcare Staff

Grooming, "Gangs", & Serious Youth Violence Resources for Children, Young People and Parents/Carers

BSCP: Gangs and Young People

How do I Know If I'm Being Groomed - *** Video

Chicken Shop Grooming: Nothing in Life is Free - *** Video

Advice to Parents and Carers about Serious Youth Violence, Knife Crime and Gangs

<u>Live Safe: Young People</u> – *** Information for young people on Gangs, Knife Crime, exploitation and substance misuse

How to deal with a knife wound - Video

How to Treat Deep Cuts and Knife Wounds for Mums - Video

Ben Kinsella Trust: Online Lessons – Gangs, Victims, Knife Crime

Ben Kinsella Trust: Videos – Real Stories from people affected by or involved in SYV

How do Gangs Recruit and Coerce people? - Poster



Grooming, "Gangs", & Serious Youth Violence Resources for Professionals

BraveSpace Knife Crime Toolkit

Serious and Organised Crime Toolkit

<u>Youth Endowment Fund Toolkit</u> – An overview of what works and what doesn't regarding responses to SYV

Imagine a Man: Building Positive Masculinity with Young People - Toolkit

Brief Interventions - For detached youth workers and street workers

Knife Carrying Prevention Work in Youth Justice Settings – Toolkit

Playing It Safe – Toolkit for Primary School Pupils

No Knives Better Lives Lesson Plan – for secondary school pupils

<u>What would you do? The Role of Bystander in Knife Carrying Prevention</u> – for secondary school pupils

Sharper Solutions – Practitioner Toolkit

Your Choice: Alcohol and Violence - Toolkit

No Knives Better Lives Courses

Ben Kinsella Trust Lesson Plans – Resources for Teacher and Practitioners

Catch 22: London Gang Exit Service Leaflet

Resources on Extremism/Radicalism for Children, Young People, and Parents/Carers

BSCP: Radicalisation

Keeping Children and Young People Safe from Radicalism and Extremism: Advice for Parents

Educate Against Hate Resources for Parents

Act Early: Spot the Signs of Radicalisation

Act Early: Tips for Talking Dos and Donts



Act Early: Real Stories - Videos

Hate – Short Film Video

Extremists – Video

Resources on Extremism/Radicalism for Professionals

<u>Educate Against Hate – Classroom Resources</u> – Large selection of resources and lesson plans for tackling extremism and radicalism.

<u>Educate Against Hate – School Leaders Guidance and E-Learning</u> – Large selection of free elearning courses

<u>My Story: How I Was Radicalised</u> – Educational resources for schools on radicalisation and Prevent

How to Tackle Incel Culture in School

Safeguarding: Be Vigilant for Signs of Incel Culture

Responding to the Incel Ideology

Incels: A guide to Symbols and Terminology

Rethinking Masculinities: Working with men and boys towards gender equality, inclusive communities, and healthier relationships – Beyond Equality charity resources

The Role of the Social Worker in Tackling Violent Extremism

Resources on Drugs and Alcohol

Talk to Frank

Drugs Meter - Anonymous, personalised feedback for a child's drug use

Resources for Under 21s, parents, carers and professionals

Advice for anybody worried about a Young Person's Drinking or Drug Use

Talking to a Teenager about Drugs and Alcohol

The High-Way Code to Safer Drug Use

Addiction and the Brain for Kids - Video



<u>Addiction: Types, Causes and Solutions</u> – Video <u>Vaping: The Hit Your Brain Takes</u> – Video on science of vaping and adolescent health <u>Vaping: Responding to Peer Influences</u> - Video

Modern Slavery/ National Referral Mechanism Resources

What is Modern Slavery - Video

Can You See Me? - Videos

How to Provide Good Quality Information - Video

Intelligence Checklist – Video

What Happens To Your Intelligence - Video

Spot the Signs: Debt Bondage - Video

Horse Trading – Video

Top 5 signs of Exploitation to Look Out For - Video

NSPCC: Protecting Children from Trafficking and Modern Slavery

Report Modern Slavery as a First Responder

Spotting the Signs of Slavery Flyer

Human Trafficking, Forced Labour and Debt Bondage

Albanian Culture: A Guide for Frontline Professionals

<u>Glodi's Story: London Gangster Convicted of Modern Day Slavery and County Lines</u> – Video

Modern Slavery Fact Sheet

Modern Slavery and Exploitation Information for Professionals

General Indicators of Modern Slavery and Human Trafficking

Modern Slavery Spot the Signs Downloadable Multi-Language Resources

NRM Prompt Sheet

The National Referral Mechanism: Guidance for Parents.



NCLCC National Referral Mechanism Awareness - Video

NCLCC – Section 45 Defence Awareness - Video

NRM and Section 45 Masterclass – Video

<u>Migration, Child Trafficking and Your Rights in the UK</u> – video guide for potential child victims of modern slavery

<u>The Secret Gardeners</u> – short film detailing one child's personal experience being trafficked for cannabis farming

Links for the previous two video in Vietnamese

Transitional Safeguarding Resources

Bridging the Gap: Transitional Safeguarding and the Role of Social Work with Adults

What is Transitional Safeguarding and why does it matter? - Video

Risks, Resilience and Relationships: Safeguarding Adolescents into Adulthood

Transition and Transitional Safeguarding and the Role of Health - Video

Camden Safeguarding Children: Introduction to Transitional Safeguarding - Video

A Safer Route into Adulthood: Introducing Transitional Safeguarding – Video

SWE: Transitional Safeguarding - Video

Transitional Safeguarding: The Practice Problem

The response to missing young people during the transition from childhood to adulthood

Transitioning from Child to Adult: Safeguarding Practice for Young People Who Have Experienced Child Sexual Exploitation SYSTEMATIC REVIEW

7 Minute Briefing on Transitional Safeguarding



Contextual Safeguarding

The Principles of Contextual Safeguarding - Video

Scale Up Toolkit

Out of Area Placements: Things to Consider

Securing Safety: Resources around Relocation of Children

Contextual Safeguarding: Rewriting the Rules of Child Protection - Video

Contextual Safeguarding Webinar with Professor Carlene Firmin - Video

Extra-Familial Harm: An Overview of the Contextual Safeguarding Approach - Video

Contextual Assessment Framework – Video

Context Assessment Triangles

Assessment and intervention Planning for Young People at Risk of Extra-Familial Harm: A Practice Guide

Neighbourhood Assessment Framework

Contextual Safeguarding School Assessment Framework

Zero Tolerance to Sexual Harm in Schools - Infographic

The Peace (Protecting and Empowering Against Child Exploitation) Project Toolkit

Reviewing Policy Using a Contextual Safeguarding Framework – Webinar

Reviewing Safeguarding and Behaviour Logs in Schools – Webinar

Safety Mapping - Webinar

Safety Mapping with a Young Person - Video

What Makes a Good Extra-Familial Assessment - Video

Carlene Firmin: The Importance of Language in Social Work - Video



