



**Working together
Learning together
Safeguarding children**

Course programme

2017-18

Hounslow Safeguarding Children Board Course Programme

Welcome to Hounslow SCB learning programme

Selecting courses:

On page 3 an overview shows HSCB priorities and subject areas to assist you in navigating and selecting areas relevant to your professional development.

If unsure about your course choice please discuss with us via the email address below or with your line manager.

Who are the courses for?

To promote shared inter-professional responsibility for safeguarding children courses are open to all agencies in the Hounslow borough. Courses are free to the public sector, there is a charge of £150 for private bodies. Please advise us at time of booking and we will arrange to invoice for face to face courses.

Other learning options:

Extensive free online safeguarding e-learning is also available to support your learning, develop your expertise, keep up to date, and, once you have completed a module, to use as a reference library. Once registered for a course, you have 4 weeks to complete it. You may make full use of this resource and you can access it anywhere via the internet making it a convenient and flexible way to learn.

Most modules take less than one hour to complete. They are interactive and up-to-date with high quality graphics.

Access is via self-registration: <http://hounslow.safeguardingchildren.co.uk/> Certificates are available.

Email address for applications and enquiries: LSCB@hounslow.gov.uk

We look forward to welcoming you on our courses.

HSCB courses overview.

Course grouping by issue and priority.

Early help (CFAN) Non accidental injury Core group

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young

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- Sexual exploitation 14
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Sexual exploitation People sexually active children/

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Garment 16

Health level 3

Older children/young people Parental

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- Sexually active children/

Sexual exploitation 14

Health level 3

Vulnerability Domestic violence

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Health level 3

and safeguarding children and related issues

young people

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□ Familial sexual abuse 12

Introduction to safeguarding children

**Dates: 2017 28th April 8th June 19th July 2nd October 11th December
2018 19th January 23rd February 23rd March**

Time: 9.30-3.45

Venue: Hounslow Professional Development Centre, St. John's Road, Isleworth TW7 6RU

Why Hounslow SCB is providing this course:

The SCB has a responsibility for ensuring professionals and volunteers meet their statutory responsibility to safeguard children's welfare and safety. This includes those working for children's services *and* for adult's services.

The aims of this introductory course are to:-

**Ensure participants appreciate their important role in safeguarding children and young people.
Enable participants recognise possible signs of abuse and neglect and unmet needs in children.
Ensure participants appreciate the continuum of safeguarding and their part in early help, preventing harm and in child protection.
Consider appropriate involvement following emerging concerns about children or their family
Enable participants to avoid potential pitfalls underlying professional failure to share information.
Introduce participants to their role in child protection case conferences, core groups and child protection plans.
Ensure participants are aware of potential professional disagreement and take appropriate action.**

Who this course is for?

This course provides introductory learning for all colleagues working with children or adults. The course compliments single agency induction learning or online learning by building capacity to recognise abuse or neglect, how best to respond and to understand when early help or child protection services are needed.

Our introductory courses are a requirement for access to all other courses in the LSCB programme. Applicants must have attended either one of our introductions or a similar introductory course elsewhere e.g. another LSCB introduction or other safeguarding course. If you are unsure about this please ask us.

Facilitators:

Members of the LSCB multi agency training group, practitioners with many years of child protection experience in their respective agencies.

Introduction to safeguarding children with disabilities

**Dates: 2017 20th April 23rd June 11th October
2018 9th February**

Time: 9.30-3.45

Venue: Hounslow Professional Development Centre, St. John's Road, Isleworth TW7 6RU

Why Hounslow SCB is providing this course:

The SCB has a responsibility for ensuring professionals and volunteers meet their statutory responsibility to safeguard children's welfare and safety. This includes those working for children's services *and* those working for adult's services.

This introductory course is provided to ensure relevant workers consider the increased risk of abuse and neglect for disabled children.

The aims of this introductory course are to:-

- **Ensure participants appreciate their important role in safeguarding children and young people with disabilities.**
- **Ensure participants appreciate the continuum of safeguarding and their part in early help, preventing harm and in child protection.**
- **Ensure participants recognise possible signs of abuse and neglect and unmet needs in disabled children.**
- **Consider appropriate involvement following emerging concerns about children or their family**
- **Introduce participants to some of the research indicating increased risks to disabled children.**
- **Enable participants to avoid potential pitfalls underlying professional failure to share information.**

Who the course is aimed at?

This course provides introductory learning for colleagues working with children who have special needs or disabilities and their families. Be aware that this course fulfills the same requirements as that on the previous page so please do not attend both courses. The course compliments single agency induction learning or online learning by building capacity to recognise abuse or neglect, how best to respond and to understand when early help or child protection services are needed.

Management of safeguarding allegations against staff 2.5 hours Briefing

Dates. 2017 2nd May 26th June
Time: 10.00 - 12.30

Why Hounslow Safeguarding Children Board is providing these briefings:

Schools and Early Years Settings are obliged to follow the Education guidance:

[‘Keeping children safe in education: for schools and colleges - guidance from 5 September 2016’](#)

In addition London schools must also have reference to London child protection Procedures regarding managing allegations against professionals who work with children.

Such guidance is clear but applying it in practice can be challenging at times due to the complex nature of allegations in the workplace. This briefing will allow you to consider the circumstances when you are required to follow it, how decisions are made and to meet some members of the team who are there to support you.

Areas of learning from this briefing:

- How guidance is applied in practice.**
- To build confidence in your own work and decision making.**
- To build confidence in and form strong working relationships with the service that supports you.**

Who is this briefing for?

The briefing is aimed at Head Teachers, Deputy Heads, Chairs of Governors, Safeguarding Governors, Early Years Managers and is also open to Designated Safeguarding leads in schools and early years settings.

**Early help in Hounslow.
Making referrals using CFAN and understanding 'front door' processes.**

**Dates: 2017 17th July 11th September 8th November 13th December
2018 21st February 14th March**

Time: 9.30-13.00

Venue: Hounslow professional development centre. St. John's Road

Why the HSCB is providing this course.

This course is provided to develop essential ongoing learning from the introductory level. Our series of priority courses fulfil requirements for refresher or update training for professionals working with children and families

Effective early help for children is a priority for Hounslow SCB and for Local Authority children's services. The overall aim of Hounslow 'front door' is to ensure children, young people and their families receive the right help, at the right time, with the right people and where required to provide services for children in need in order to safeguard and promote their welfare.

The expectation is that a minimum of two people in each relevant setting attend this course. The course aims to ensure participants are able to:

- **Gain an understanding of the role of Children's Specialist Services (CSS) and early help services.**
- **Make effective referrals using the Child & Family Assessment Notification (CFAN), providing the information needed to the Front Door to ensure the best allocation of services.**
- **Be familiar with the referral process from point of receipt and progression through to early help services, statutory services or both.**
- **Understanding their responsibilities as referrers.**
- **Appreciate the function of the 'front door' of children's services.**

Who is this course for?

All professionals and volunteers who work with parents families and children including babies pre-birth and up to 18 years. It is recommended that at least 2 members of staff from every setting/agency should attend this course.

Facilitators.

The facilitators for the course includes workers from the MASH (multi agency safeguarding hub) Families First & Intensive Support.

Core Groups and Child Protection Plans. Workshop

**Dates: 2017 15th June 20th October 29th November
2018 22nd January 26th March**

Time: 9.30-1.00

Venue: Hounslow Professional Development Centre, St. John's Road, Isleworth TW7 6RU

Why Hounslow SCB is providing this course:

This is a SCB priority course provided to develop essential ongoing learning from the introductory level. The series of priority courses fulfill requirements for refresher or update training for health and education colleagues.

Children's services are working to improve the quality and effectiveness of core group work and child protection plans in the borough. This course is part of this important initiative to drive effective multi agency work with children and their parents when children are deemed at risk of significant harm.

The aim of the course is to ensure participants:-

- **Appreciate their role in child protection case conferences and are aware of expectations within child protection procedures.**
- **Know about local drives to improve the quality of multi agency core group work.**
- **Understand the extent of their responsibility for ongoing assessment.**
- **Understand the extent of their responsibility for developing the child protection plan.**
- **Understand the extent of their responsibility for putting the plan into practice and evaluating its effectiveness.**
- **Know how to deal effectively if concern arises about implementing child protection plans.**

Target group:

Social workers represent the lead agency in child protection and they have the statutory authority to legitimately expect other agencies to take an active role in child protection planning and the work of core groups. It is essential that all relevant professionals understand the proper role and function of core group work. This course is aimed at social workers and colleagues from all agencies including adult services who may attend child protection case conferences and/or become a core group member

Learning Objectives:

The workshop uses discussion and case material to explore and clarify the proper purpose of quality child protection work in core groups and will offer you some practical ways to improve core groups in protecting children and promoting their long term welfare.

Facilitators:

Members of the LSCB training group.

Distinguishing Accidental and Non-Accidental Injury in Children

**Dates: 2017 4th May 5th June 4th September 4th October 6th November
2018 29th January 7th March**

Time: 9.00-12.00

Venue: Hounslow Professional Development Centre, St. John's Road, Isleworth TW7 6RU

Why Hounslow SCB is providing this course:

This an SCB priority course provided to develop essential ongoing learning from the introductory level. The series of priority courses fulfill requirements for refresher or update training for health and education colleagues.

The LSCB recommends at least one person in all settings (e.g. the designated safeguarding lead) working with children or young people should attend this course and know how to differentiate accidental and non accidental injuries in children.

The course:

Differentiating accidental or deliberate injury is difficult and people are understandably unconfident about making an initial professional judgment in the absence of specialist professional guidance. This workshop uses a problem based approach to offer this guidance. The aim is to build knowledge and confidence about recognising possible non accidental injuries and support initial decision making about when to share information and seek specialist medical advice.

Course aims are to:-

- **Use images to ensure participants are familiar with common accidental injuries that children and young people sustain.**
- **Compare accidental injuries with non- accidental injuries.**
- **Consider why some parts of the body are more likely to be accidentally injured.**
- **Consider why some parts of the body are more likely to be injured non-accidentally.**
- **Ensure participants are clear about the action to take if concerned about a child.**
- **Develop participants' confidence in making an initial decision about the need to take action.**

Who is this course for?

This course is intended for specialists such as social workers, health professionals and CAIT police officers and also for all partner agencies particularly designated safeguarding leads in schools and early years settings.

Facilitator:

Nirmala Sellathurai. Vanessa Impey Community consultant paediatricians/designated doctor for safeguarding children in Hounslow.

Neglectful parenting. Assessment and intervention Infants, children and young people.

Dates: 2017 21stApril 22ndJune 15thAugust

Time: 9.30-3.45

Venue: Hounslow Professional Development Centre, St. John's Road, Isleworth TW7 6RU

Why Hounslow SCB is providing this course?

The SCB is committed to promoting a sophisticated appreciation of the harm neglectful parenting can cause to children and to young people and to embedding the Quality of Care assessment in practice in the borough. Concern about the neglect of children and adolescents has been growing in recent years, and there is increasing awareness that for some young people neglectful parenting is the background to myriad problems including mental ill health, depression and eating disorders, substance misuse, self harm, suicide, crime, homelessness, teenage domestic violence, teenage pregnancy, adult abuse, sexual exploitation, gang involvement.

Professionals are often more aware of the vulnerability of infants and young children to parental neglect. We know from serious case review and other research that in some cases the vulnerability of young people has been 'neglected'^{1,2}. This may be an unintended consequence of research focusing professional attention on babies and young children.

Who is this course for?

This reflective practice day is aimed at experienced professionals and managers from across the spectrum of agencies including (but not limited to) managers and senior practitioners in the early intervention service, social work team managers, senior practitioners and senior social workers, child protection leads in schools health and mental health organisations, Managers in the probation service, youth offending service, Pathways and The Ride.

Aims:

The course will enable participants to:-

- Define neglect and consider how it is identified.
- Consider how neglect enables other kinds of harm.
- Look closely at the neglect of children and young people through some serious case reviews.
- Be introduced to Hounslow's Quality of Care assessment and consider analysis of harm
- Explore the impact of professional perceptions of children's behaviour on decision making. □
Examine the potential consequences of neglect for children at different ages.
- Consider how we might better understand and work more constructively with children young people and their families.
- Generate creative plans and ideas to use at work with children, young people and their families to support parents to improve their parenting and the quality of their child's life.

Facilitator: Jane Wiffin has worked for many years in various children's services and was a social work lecturer. She now works freelance as a safeguarding and child protection trainer and consultant. As an independent report writer Jane has undertaken 37 serious case reviews. Most of these cases have featured neglectful parenting. Jane will draw on these for this reflective practice day.

¹ Evidence from (serious case review studies) shows that vulnerable adolescents needs and distress have often been missed or have been too challenging, or expensive for services to meet. This suggests a level of 'agency neglect' of this vulnerable group of young people . . . a high proportion of these young people will have had similar damaging early experiences to Baby P. (**Understanding serious case reviews and their impact: 2005-07** Brandon, M. et al)

² Safeguarding Young People: Responding to young people aged 11 to 17 who are maltreated. Children's Society and NSPCC.

Recognising and Responding to Familial Child Sexual Abuse

**Dates: 2017 9thMay 5thJuly Time:
9.30-4.45.**

Venue: Hounslow Professional Development Centre, St. John's Road, Isleworth TW7 6RU

Why Hounslow SCB is providing this course:

In common with other areas of the country in Hounslow the number of children coming to notice and being made subject of child protection plans due to sexual abuse concerns has significantly declined. The reasons for this national decline are at this time not known but Hounslow LSCB considers it a priority to maintain a focus on sexual abuse within the family and support development of necessary knowledge and skill to respond to such concerns at a local level.

Child sexual abuse is a particularly complex area of practice because unlike other forms of abuse it takes place in a world of secrecy. This makes it challenging for professionals to know it is happening and to intervene to protect the child or young person. This one day course offers teaching about familial child sexual abuse and explores some lessons to be learned from a Hounslow serious case review. The overall aim is to assist in the development of skills and knowledge when practicing with the complexity of child sexual abuse.

The aims of this course are to enable participants to:

- Develop a knowledge base of sexual abuse, based on studies, research and effective practice.**
- Consider how perpetrators operate and how they create the dynamics for their abuse. .**
- Understand the non-abusing carers' response to a suspicion or discovery of their child's abuse.**
- Understand why children and young people have difficulty disclosing their abuse and the impact of sexual abuse on children and young people.**
- Consider and plan how to intervene and assess children who have or may have been sexually abused**
- Consider how labeling and perceptions of older children and young people may inhibit professional recognition of abuse including a serious case review in Hounslow.**

Who is this course for?

The child protection lead in schools and other settings, school nurses and other health professionals including sexual health services, pharmacists, GPs, Early Intervention Service, Youth Service, Children's Centre Managers, Police Officers, Social Workers.

Facilitator:

Janet Lee is a qualified social worker with practice and management experience spanning over 30 years. She is now a very experienced trainer and consultant with a recognised reputation in London for delivering courses that are complex and analytical. She has a considerable knowledge and practice base in protecting children from sexual abuse. Her experience is demonstrated in her courses.

Safeguarding sexually active children and young people Preparing professionals for working directly with young people

Dates: 15th May 19th June

Time: 9.30-3.45

Venue: Hounslow Professional Development Centre, St. John's Road, Isleworth TW7 6RU

Why Hounslow SCB is providing this course:

For most young people becoming sexually active is a positive experience enhancing the quality of their relationships and lives. For a significant minority of young people however the start of sexual life is difficult territory. Research tells us unhappy or abusive early sexual experience often lead to long term unhappiness or abuse.

Some young people report that sex and relationship education received in school doesn't help to navigate this new territory and assert their wishes and feelings or understand their rights in terms of consent. Most young people's knowledge and understanding of relevant law is very limited.

The Home Office changed the definition of domestic violence in 2012 to include 16 year olds in recognition of serious intimate partner abuse among young adolescents. The LSCB is committed to enabling professionals and others who work with young people to engage with young people in an informed helpful way to support, advise and educate them in making safe and healthy choices in sexual relationships.

The SCB aims for this course are to ensure participants:

- Explore their own attitudes in preparation for frank discussion with young people.**
- Consider media, cultural difference and values and the impact on perceptions.**
- Understand the policy and legal context of national and local sexual health services and sexual health and relationship education.**
- Have access to appropriate material to assist in talking with young people.**
- Are aware of relevant child protection procedures.**
- Are able to use risk assessments for sexually active young people and safeguard young people proactively.**

This course is aimed at staff from all agencies.

Facilitators:

Specialist workers from West Middlesex Hospital sexual health service.

Sexual exploitation. Safeguarding young people.

Dates: TBC

Time: 9.30-3.45

Venue: Hounslow Professional Development Centre, St. John's Road, Isleworth TW7 6RU

Why Hounslow SCB is providing this course:

Sexual Exploitation has had much attention following prosecutions in Derby, Oxford and in Rotherham. These cases expose a lack of understanding of this type of abuse. The young people involved both girls and boys were often left unprotected by professionals and in some cases their abuse worsened as a result.

The SCB is committed to ensuring workers in Hounslow have access to specific training as one thread of our strategy to combat this form of exploitation of girls and boys including children as young as 9.

Material for this course was developed by Barnardos with young people who were sexually exploited who spoke about nobody ever telling them how to recognise risky people or situations; this is what the material aims to do. Young people who are exploited are often unable to recognise their own vulnerability. This course aims to widely disseminate materials and skills to enable the children's workforce to work proactively with young people aged 12 and over to prevent or minimise the risks of young people being sexually exploited, and to recognize and help those to whom it may already have happened.

The aim of this course is to ensure that participants respond proactively to prevent sexual exploitation in their routine work with children and young people and to act appropriately upon concerns about young people who may be at risk. The course enables participants to:

- Develop a fuller understanding of sexual exploitation.**
- Consider sexual exploitation of boys and girls.**
- Explore serious case reviews to consider why young people were 'missed' and unprotected.**
- Explore different choices made by young people and adults.**
- Ensure participants proactively use the activities in the Bwise2 pack.**
- Give participants the Bwise2 materials to take away and use with young people.**
- Ensure participants are aware of related child protection procedures.**

Who is the course for?

Staff from any team or organisation working with young people 12-18.

Facilitators:

Janet Johnson. HSCB Training Manager.

Lianne Conway. Exploitation and Vulnerabilities Coordinator.

Child Trafficking.

Identifying and safeguarding suspected victims of child trafficking

Date: TBC

Time: 9.30-12.30

Venue: Hounslow Professional Development Centre, St. John's Road, Isleworth TW7 6RU

Why the HSCB is providing this course:

Child trafficking is child abuse. Children are recruited, moved or transported and then exploited, forced to work or sold. They are often subject to multiple forms of exploitation.

The Modern Slavery Act became law on 26 March 2015; it consolidates the current offences relating to trafficking and slavery. It is therefore timely that the Hounslow LSCB considers how suspected victims of child trafficking are identified and safeguarded within Hounslow. Child trafficking is an area which may at times overlap with missing children and child sexual exploitation, as the three issues often share similar indicators.

The aims of this course are to:

- **Ensure you understand what is child trafficking is and how to identify it.**
- **Understand the legal context, including the Modern Slavery Act 2015 and statutory guidance, and how this relates to your duty to safeguard children.**
- **Develop an awareness of the issues when working with victims of child trafficking and best practice to safeguard child trafficking victims.**
- **Learn about the National Referral Mechanism and how you can make a referral.**
- **Consider what changes you need to make to your practice to better identify and protect victims of child trafficking.**

Who is this course for?

Anyone who works with children, particularly where there are concerns about exploitation of children.

Facilitator:

Jacinta Kane. Jacinta is the Social Work Standards Manager for Hounslow Children's Services and shares the role of Principal Social Worker. She has extensive experience in working with unaccompanied young people and trafficked children, including working as an independent Social Worker for the Crown Prosecution Service. She co-authored the 2015 ADCS Best Practice Guidance on Age Assessments of Unaccompanied Minors and is an experienced social care trainer.

Gang involvement. Safeguarding children and young people

Dates: TBC

Time: 10.00-4.45

Venue: Hounslow Professional Development Centre, St. John's Road, Isleworth TW7 6RU

Why Hounslow SCB is providing this course:

Unlike some of our neighbouring boroughs fortunately Hounslow does not currently have an established gang's problem. However with so called 'gangs boroughs' next door in neighbouring boroughs we cannot be complacent, we do have very real and associated problems of serious youth violence. Police are active locally via operation Concordia in coordinated approaches to gangs and youth violence in terms of diversion and enforcement. This appears to be a success so far but more agencies in the borough need to be aware of and participate in preventative action to combat the very serious threat posed by gangs to the welfare and safety of our child and youth population.

The SCB has invited Gangsline to provide sessions to:

Raise awareness of:

- **Modern gangs in London.**
- **Dangers posed by gangs.**
- **The appeal of gangs to children and young people.**
- **Recognising young people at risk of grooming into gangs.**
- **Risks to girls and boys.**
- **The importance of diversion and enforcement.**
- **Ways in which young people can be diverted.**
- **Credible specialist support that is available to professionals' parents and children.**

And:

- **Ensure workers properly share responsibility with other agencies for safeguarding young people by fulfilling their role in diversion and enforcement.**

About Gangsline:

In the 70s Sheldon Thomas lived the gang life but after making significant changes to his personal life he founded Gangsline and T.A.G. (Targeted Against Gangs) to combat gang involvement in London. Sheldon and his team are ex-gang members using unique skills to target and engage gang leaders and members (as young as 8) in local communities. They have a unique perspective and direct experience of the modern gang situation in London and work extensively with police in gang boroughs. They have successfully diverted young people and made significant contributions to decreasing serious youth violence engaging gang members in dialogue to reduce retaliation.

Sheldon and team lead a powerful day sharing their own stories to enable participants to appreciate the profound risks posed by gangs and the absolute need for all of us to work alongside the police locally to divert children and young people at risk, and where necessary to use enforcement.

Who is the course for?

We need Hounslow professionals and managers in key agencies to attend this course. Key agencies include Early Help Hounslow, Youth Service, Connexions, Primary and Secondary Schools, Police, Social Workers, Health professionals.

Forced Marriage and 'Honour' Based Violence Recognising the risk and how to respond

Date: 8th May 5th June

Time: 9.30-3.45

Venue: Hounslow Professional Development Centre, St. John's Road, Isleworth TW7 6RU

Why Hounslow SCB is providing this course:

In a borough with Hounslow's diversity we would expect services to be called on to safeguard children and young people from illegal and harmful cultural practices such as forced marriage and associated 'honour' related violence. However, this rarely features in the work of our protective services. They are hidden problems and there is work to do to raise awareness and the capacity of professionals and community organisations to offer help and support to affected people in our community. This course is part of that initiative led by community safety within Hounslow's VAWG (Violence against Women and Girls) strategy.

The aim of this course is to ensure participants enhance their capacity to:-

- **Understand the context of forced marriage, who is at risk and why it happens.**
- **Appreciate the likely prevalence of forced marriage.**
- **Use child protection and best practice guidance.**
- **Recognise and act upon potential risks,**
- **Appreciate safe practice when raising concerns about forced marriage.**
- **Put children and young people who may be at risk in contact with help and advice locally and nationally.**
- **Understand the role of the Forced Marriage Unit and Foreign and Commonwealth Office.**

Who is the course for?

Anyone whose work involves contact with children and young people from practicing communities (the risk affects very young children who might be siblings of those previously forced into marriage). Particularly schools, youth settings, community organisations, police, social work, health.

Facilitator:

Dr Gayatri Shah is the Clinical Lead responsible for counselling and support services for women and girls affected by violence and abuse at EACH counselling and support. EACH Counselling and Support is a member of the VAWG (Violence Against Women and Girls) consortium and part of the Ascent project, delivering under the Advice and Counselling strand. Ascent is a project of the London VAWG Consortium made up of 22 organisations working in partnership to deliver innovative and seamless services for survivors of domestic and sexual violence across London.

**Substance Misuse and Safeguarding
Advice and Support
Working with young people**

**Dates: 2017 10th May 16th August
2018 21st February**

Time: 9.30-3.45

Venue: iHEAR Partnership, 1 Prince Regent Road, Hounslow, TW3 1NE

Why Hounslow SCB is providing this course:

Understanding substance misuse, the risks and the capacity to engage young people in professional conversation about drugs are essential abilities for all engaged in working with children and young people. Substance misuse is known to be a factor in other risks to young people such as sexual exploitation and gang involvement. This course is provided to develop workers capacity to support young people and better appreciate the health and associated risks of substance abuse.

The course aims to ensure participants:

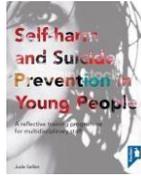
- **Gain essential knowledge about drugs including alcohol and the effects.**
- **Develop insight about young people's motivation for using drugs including alcohol. □
Develop fuller appreciation of associated risks such as sexual risk, gangs etc. □
Consider drug and alcohol use within youth culture.**
- **Explore the "hidden harm" to young people via parental substance misuse.**
- **Use the Drug Use Screening Tool (DUST) to identify substance misuse for young people and the impact.**
- **Consider and prepare for honest dialogue about drugs with young people and their parents.**

Who is the course aimed at?

Social workers, youth and other early help services, schools staff, and health colleagues.

Facilitators:

Specialists from 'Visions' Hounslow young people's substance misuse service and draws on their skill knowledge and expertise.



Youth Suicide Awareness. Introductory workshops

Dates: 4th May

Time: 9.30–4.30

Venue: Hounslow Professional Development Centre, St. John's Road, Isleworth TW7 6RU

Why Hounslow SCB is providing this workshop:

The Department of Health's report '*Preventing Suicide in England: A cross-governmental outcomes strategy to save lives*' (2012) states that suicide is a major social issue and is not inevitable. There are many ways in which services, communities and wider society can help to prevent suicide. High risk groups identified in the report include young men, people in the care of mental health services, people with a history of self harm, people in contact with the criminal justice system and some specific occupational groups including Doctors and Nurses.

These workshops represent a step toward attempting to reduce suicide as a choice by young people in Hounslow. The workshops are an introduction to equip staff with increased knowledge, confidence, understanding and sensitivity about the subject of suicide so that they can be better prepared to support young people.

The workshops are an introduction and aim to:

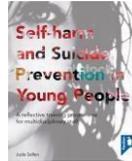
- Increase participants' knowledge about the epidemiology of suicide.
- Consider whether there is a 'suicide profile'. □ Review personal and professional myths.
- Develop understanding of risk and resilience factors.

Who is the workshop for?

Workshops are aimed at all professionals working with children and young people. The workshops will encourage discussion and offer the opportunity to share information and unpack some of the myths surrounding the act of suicide. The workshops were developed by Jude Sellen, the founder and director of Impacts Wellbeing.

Facilitators:

A multi-agency group of Hounslow colleagues from Educational Psychology, Secondary School, Child and Adolescent Mental Health Service, Hounslow Youth Counseling Service, Children's Social Care.



Self harm. Understanding and Working with Young People

Dates: TBC

Time: 9.00-4.30

Venue: Hounslow Professional Development Centre, St. John's Road, Isleworth TW7 6RU

Why Hounslow SCB is providing this course:

Professionals in Hounslow have expressed lack of confidence in supporting children and young people who self harm and difficulty finding support and guidance. This workshop forms part of our initiatives to support and equip professionals in their efforts to safeguard and promote young people's mental health and wellbeing. The workshops are experiential and were developed by Jude Sellen, the founder and director of Impacts Wellbeing. They reflect Jude's considerable expertise and were developed with young service user's involvement.

The workshop aims to:

- **Explore the meaning of self injury and prevalence.**
- **Explore personal attitudes and the impact on supportive working relationships.**
- **Consider a harm minimisation framework, from the perspective of service users.**
- **Explore demands and difficulties of working with young people and children from organisational and individual perspectives.**
- **Consider NICE guidelines '*Self-harm: Longer term management*' and implications for working practice.**
- **Enable participants to better support those who self injure.**

Who are the workshops for?

This workshop is aimed at professionals who are likely to or who have already encountered children and young people who deliberately injure themselves. This will include schools staff, EIS, social workers, residential and foster carers, YOS, Feltham prison, health professionals including West Middlesex Hospital and mental health services.

A multi-agency group of Hounslow colleagues from Educational Psychology, HSCB, Secondary School, Social Work, Child and Adolescent Mental Health Service, Hounslow Youth Counseling Service

Domestic Abuse and Violence, an Introduction Developing Basic Professional Awareness and Understanding

Dates: 2017 17th May

Time: 9.30-3.45

Venue: Hounslow Professional Development Centre, St. John's Road, Isleworth TW7 6RU

Why Hounslow SCB is providing this course:

Domestic abuse and violence is a fact of life for a high proportion of children living in families where there are safeguarding or child protection concerns. (45-90% of families).

Abusive and violent behaviour in intimate relationships is a complex and puzzling phenomenon both from the perpetrators and survivor point of view. There are many myths and huge stigma that can get in the way of professionals being able to effectively help women; mothers to make decisions that are in their own and their children's best interests.

This course offers professionals the opportunity to explore reflect and gain insight and understanding to be able to better connect with and help women who find themselves in violent and abusive relationships.

The course aims to enable participants to:

- **Better understand the experience of women in abusive relationships.**
- **Be alert to perpetrators diversionary reactions to professional's interventions.**
- **Consider the dynamics of power and control and the impact on women and girls.**
- **Explore the role that alcohol and other drugs have in many abusive relationships.**
- **Think about the specific risks of 'honour' based violence. □ Appreciate the importance of early intervention.**

Facilitators:

The course will be led by specialist colleagues working for the Domestic and Sexual Violence Outreach Service in Hounslow and IDVAS (Independent Domestic Violence Advocates) from other Hounslow services.

Domestic Violence Work with Women Empowerment Practice

Dates: 24th April 25th May

Time: 9.30-4.45

Venue: Hounslow Professional Development Centre, St. John's Road, Isleworth TW7 6RU

Why this course is being provided:

It can take years for some women in domestic violence situations to seek help. They face enormous barriers to doing so, some never seek help and those who do are easily put off.

Emotional and psychological barriers. Practical barriers. Stigma.

Hounslow women have spoken about the stigma sometimes encountered when seeking help from our services. From women's testimony it appears sometimes as professionals we struggle to maintain the empowering empathic approach that for most of us is part of our professional code. Women may unwittingly be alienated and for some this may increase the risk of violence.

Professionals tell us that they know how to assess risk, and there are tools to use but once a level of risk is established there is a lack confidence in talking to women in such circumstances. A couple of quotes illustrate this.

'I don't know how to have these difficult conversations.'

'How do I tell someone 'bad news'? I don't know what to say.'

The SCB and Hounslow Community Safety Partnership have created this course which will use a short film showcasing the testimony of women who have experienced our services. It is important that we listen to our service users and learn from their experience. We are charged with safeguarding adults and children alike. If there are barriers, where they are identified, we have a responsibility to tackle them.

The aims of this course are to enable participants to:

- Communicate professionally and empathically with women to maximise engagement in seeking help.**
- Empower women in domestic violence situations thus avoiding wherever possible alienating victims from services.**
- Consider the complex balance between the needs of adult women and their children in safeguarding terms.**
- Explore how to communicate effectively with women when domestic violence leads to child protection involvement and/or care proceedings.**

This course specifically represents the views of women service users because the issues were raised by women. This does not imply that men are not also victims of domestic violence and we should assume that the barriers discussed on this course are likely to affect men who are subjected to violence in their relationships be they gay or heterosexual.

Who is the course for?

For managers seeking to support their staff with the issues raised here and anyone in a public facing role in Housing, Early Help Services, Police, Social Work, Health, Mental Health, Youth Work etc.

Facilitators:

Janet Johnson SCB Learning and Development Manager; Marion Warwick Independent Sexual Violence Advocate (ISVA). Both were involved in the development of this course with Hounslow professionals and women survivors who have received a service in the borough.

Half day workshops
Domestic Violence. Effective Protection of Women and Children
M.A.R.A.C. Multi-Agency Risk Assessment Conference

Dates: 2017 19th April 6th June 5th July

Time: 9.30-1.00

Venue: Hounslow Professional Development Centre, St. John's Road, Isleworth TW7 6RU

Why Hounslow SCB is providing the workshops:

This is an SCB priority course provided to develop essential ongoing learning from the introductory level. The series of priority courses fulfill requirements for refresher or update training for health and education colleagues.

Domestic violence is a leading cause of significant harm to women children and young people and tackling it is a priority for the SCB. We consider it vital that Hounslow professionals engage effectively with M.A.R.A.C. This course is provided at the request of M.A.R.A.C. to support its effective operation in Hounslow in maximising sharing of information and inter agency safety planning in high risk domestic violence situations.

The aims of this course are to:-

- **Ensure participants appreciate the purpose and role of M.A.R.A.C.**
- **Increase the proper use of M.A.R.A.C. in Hounslow.**
- **Ensure participants appreciate the contribution M.A.R.A.C. can make to the safety of adult victims of domestic abuse and their children.**
- **Ensure participants know when and how to make M.A.R.A.C. referrals.**

About M.A.R.A.C:

Multi-Agency Risk Assessment Conferences are regular local meetings where information about high risk domestic abuse victims (those at risk of murder or serious harm) is shared between local agencies. By bringing all agencies together at a M.A.R.A.C. and ensuring that whenever possible the voice of the victim is represented by the IDVA, a risk focused, coordinated safety plan can be drawn up to support the victim.

M.A.R.A.C. can help engage clients who don't engage with services by involving other agencies, such as the IDVA (Independent Domestic Violence Advisors) service or specialist domestic violence services, to work with the victim.

Facilitators:

Members of Hounslow M.A.R.A.C.

Female Genital Mutilation Prevention and protection

Dates: TBC

Time: 10.00-3.45

Venue: Hounslow Professional Development Centre, St. John's Road, Isleworth TW7 6RU

Why Hounslow SCB is providing this course:

FGM has been an active concern of various services and professionals in Hounslow for many years. In 2014 Community Safety Partnerships and the SCB collaborated to commission a service from FORWARD; the leading UK organisation combating FGM. FORWARD has challenged the practice of FGM in Hounslow by educating practicing communities and raising awareness through professional learning and development; hence the provision of this important course. FORWARD's work in the borough comes to an end in March 2017.

Who is this course for?

FGM is an issue at all stages of life. It affects girls from birth, during infancy, pre puberty, puberty and for adult women FGM has an impact during child bearing years and also later in life. This course will be of significant interest and importance for Early Years Settings, Primary, Secondary Schools and Colleges, Police, Health Professionals, EIS workers and Social Workers.

Aims:

The course will enable participants to:

- Understand the social and cultural context of FGM in the UK today.
- Appreciate the current legal and policy position and challenges.
- Respond appropriately to women affected by FGM and to at risk girls.

Course Content:

- Basics of FGM.
- Prevalence.
- Health Consequences.
- Safeguarding children and young people.

Facilitators.

Yvette Robbin-Coker has a background in higher education and has worked extensively in Sierra Leone and The Gambia including development work in Banjul, The Gambia and has worked with various organisations including Forum for African Women's Education, Young Women's Christian Association and The African Centre for Democracy and Human Rights Studies.

Naima Ibrahim works for FORWARD and she has been the lead FGM project worker in Hounslow for the past 2 years working with professionals, schools and our communities where FGM is commonly practiced aiming to challenge and ultimately eradicate this practice through education and community action.

Parental Substance Misuse Awareness and Treatment

**Dates: 2017 21st June 27th September
2018 7th February**

Time: 9.30-4.30

Venue: iHEAR Partnership, 1 Prince Regent Road, Hounslow, TW3 1NE

Why Hounslow SCB is providing this course:

Parental substance misuse is one of three major risks for children's health development and welfare. This course is provided to develop essential learning from the introductory level for all frontline Social Care Health, Wellbeing and Education Practitioners, anyone whose work involves safeguarding children and young people.

The course aims to ensure participants are able to:

- **Identify commonly used substances, their classes, effects and methods of use.**
- **Enable practitioners to identify when there could be an issue with a parent or carer's substance misuse.**
- **Examine personal and societal beliefs about drug and alcohol users, including stereotypes and myths.**
- **Examine prevalent ideas on substance misuse, including the disease model and social learning theory.**
- **Gain knowledge of the Cycle of Change to enable behaviour change.**
- **Gain knowledge of treatment models delivered at iHEAR. □ Information on referral routes and partnership working.**

Who is this course for?

Anybody within Children's Services and Adult Services responsible for working with parents carers and/or with children pre-birth to 19 years, where children may be affected by their parent's or carer's substance misuse.

Facilitators:

Practitioners from Hounslow's Specialist Adults' Substance Misuse service iHEAR.